YOUTH MENTAL HEALTH FIRST AID

LEARN THE SKILLS TO IDENTIFY, UNDERSTAND AND RESPOND TO SIGNS OF MENTAL ILLNESS AND SUBSTANCE USE DISORDERS

A young person you know could be experiencing a mental health challenge or crisis.

Learn how to apply the Mental Health First Aid in a variety of situations, including when a youth is experiencing a Mental Health Crisis

FREE
Four Rivers Cultural Center
676 S.W. 5th Ave
Ontario, Oregon

Sign Up for one of the next trainings:

September 5
October 10
November 14
December 5

All courses are from 8:30-4:30 and include lunch and program materials

TO REGISTER OR FOR MORE INFORMATION:
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www.mentalhealthfirstaid.org